



**Midwest Teachers Institute**  
Teachers Helping Teachers

[www.MidwestTeachersInstitute.org](http://www.MidwestTeachersInstitute.org)

## MTI 512- Social Emotional Learning: Creating a Positive Culture and Climate in Your Classroom.

### MTI Contact Information

<b>Instructor Name</b>	Kristina Probst- M.A.T
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<b>Instructor Background</b>	<p>Kristina Probst is a High School science teacher at a diverse school in the southern suburbs of Chicago IL. She teaches honors chemistry and chemistry to sophomores, juniors, and seniors. She has earned a Bachelor's of Science in Biology and Chemistry from Oakland University in Michigan, and a Masters Degree in the Art of Teaching with focus on Curriculum and Instruction from Marygrove College. With over 10 years of experience in education, Mrs. Probst has been involved in curriculum development, research based teaching strategies, and using technology to increase academic achievement. She values collaborative teaching and meeting the needs of the whole child</p>

### Course Information

<b>Course Format (distance learning, online, webinar, experiential onsite courses):</b>	<p><b>Online Course</b></p> <p>The LMS for delivering the course will be Canvas. An invitation will be sent to you by your instructor during the week prior to the start of your course. If you have not received an invitation, please email us at the MTI email address listed above.</p> <p>Approximately 45 hours of instructional time is devoted to this course.</p> <p>We recommend that you take an introduction to Canvas course as well to become more comfortable with our LMS. This can be done by clicking on the <i>help</i> tab, then <a href="#">Canvas 101</a>.</p>
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	<p>If you are having trouble with Canvas, technical support is available online 24/7 under the <i>help</i> tab, then <i>report a problem</i>.</p>
<p><b>Prerequisites and Credit Limits</b></p>	<p>All MTI courses are designed for educators who have a minimum of a bachelor’s degree and professional educator license. Prior to beginning the course, check with your district office to ensure that credit will be accepted for salary increase and professional development. All courses are for 3 graduate semester hours (credits).</p> <p><b>When you register, you may choose which of our accredited university partners you would like to receive your official transcript from.</b></p>
<p><b>Required Books and Materials</b></p>	<ul style="list-style-type: none"> <li>● Merrell, Kenneth. Gueldner, Barbara. <i>Social and Emotional Learning in the Classroom</i>. The Guilford Press. ISBN 978-1-60623-550-8 <b>(provided FREE with registration)</b></li> <li>● Internet access</li> <li>● LMS- Canvas Account and Login</li> <li>● Lesson plans and unit plans</li> </ul>
<p><b>Learning Outcomes/Competencies:</b>  At the completion of this course, the learner will be able to:</p> <ol style="list-style-type: none"> <li>1. Define and understand Social and Emotional Learning. INTASC 2, 4, 5</li> <li>2. Understand and use the three-tiered “triangle of support” INTASC 2, 3</li> <li>3. Implement SEL curricula and practices into lessons. INTASC 4, 7</li> <li>4. Understand the different SEL programs that can be implemented into your classroom and schools. The programs can be implemented in the general education classroom and focus on students social and emotional development. INTASC 4, 7, 8, 10</li> <li>5. Identify how to select a packaged SEL program that meets the needs of your classroom or school. INTASC 1, 2, 3, 3, 4, 7, 8, 10</li> <li>6. Determine how to prepare and plan for implementation of an SEL program. INTASC 7</li> <li>7. Understand the connection between SEL and academics and how to apply SEL to improve academic performance. INTASC 1, 2, 3, 4.</li> <li>8. Adapt SEL for use in our Multicultural World and how to make Cultural adaptations and modifications to SEL programs. INTASC 1, 2, 3, 4, 5</li> <li>9. Identify the common assessment methods and evaluation strategies in SEL and the assessment data needed to monitor intervention progress for individual students. INTASC 7, 8</li> </ol>	
<p><b>Course Description:</b> An awareness of the importance of Social Emotional Learning has increased in schools and the classroom during the last decade. This course is designed to give teachers the knowledge to understand Social Emotional Learning and develop the skills necessary to promote a student’s social emotional development. It is important for teachers to work with school leaders to create a positive school culture and environment. The course materials will introduce SEL programs and how to implement and assess their effectiveness. The course will also make connections between SEL and academics as well as how to make Cultural adaptations and modifications to SEL programs.</p>	

**Learning Strategies:** Professional literature analysis, personal reflection, project-based learning.

**Experiential Learning Opportunities:** Students will be reflecting on the assessments and tools that they develop/learn about in class and measuring/estimating the intended impact on student learning in the classroom. Students will learn by doing while completing a variety of activities throughout the course.

## Format of the Course and Submitting Work

This course has a total of 5 individual assessments/assignments. You are required to complete all of the pieces with a total grade of an A or B in order to receive the credit for the course. It is recommended that the coursework be completed in the sequence listed below in the assessments chart below. This is an ONLINE course that runs for a five (5) week duration. Each week as directed by your instructor you will have assignments due. Answer and Discuss and Reflect and Respond assignments will be completed online using our LMS(Learning Management Software) Canvas. Your application, research project and evaluation assignments will be submitted electronically to your instructor. Files can be saved in PDF's or WORD Documents. You can also share via Google Drive format. Please contact your instructor if you have any questions or need help with the Google Drive format.

<b>Assessments</b>	<b>Approximate contact hours for each assessment</b>	
<b>Answer and Discuss-</b> Weekly Questions Posted By Instructor to Online Classroom at Canvas Forum. Questions Found On Canvas Classroom. One question per week for 5 weeks. 9 points per question.	45 points	6 hours
<b>Reflect and Respond</b> to 2 Posts Weekly (10 posts total) Made By Colleagues Online at Canvas Classroom Forum. 9 points per response.	90 points	9 hours
<b>Application Assignments#1 and #2</b> (45 points ea)	90 points	10 hours
<b>Research Project-</b> Due end of week # 4	100 points	10 hours
<b>Evaluation/Reflection Paper-</b> Due end of week #5	100 points	10 hours
<b>Total</b>	<b>425 points</b>	<b>45 hours</b>

**Grading Scale: A (90-100%); B (80-89%)**

***\*Anything below a B will not receive graduate credit and result in a failing grade of F.***

If you do not receive a B or higher, your work will be returned to you for further correction and completion.

You will be allowed one (1) re-submit to your instructor to achieve a grade of B or higher. If after your re-submit, you still do not achieve a B or higher you will receive a failing grade of F and therefore forfeit the 3 graduate credits.

### Answer and Discuss Rubric- 5 questions @ 9 points each

Category	Superior (3 pts)	Sufficient (2 pts)	Minimal(1pt)
<i>Supporting Evidence in Practice</i> ____/3	Response shows strong evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows some evidence of ideas and insights from this course and how they are applied to the classroom.
<i>Accuracy</i> ____/3	All supporting facts and statistics are accurately represented.	Almost all supporting facts and statistics are accurately represented.	Some of the supporting facts and statistics are accurately represented.
<i>Grammar and Spelling</i> ____/3	Response includes 0-1 mistakes in grammar or spelling.	Response includes a few grammar and spelling mistakes.	Response includes several grammar and spelling mistakes.

### Reflect and Response Rubric- 10 responses @ 9 points each

Category	Superior (3 pts)	Sufficient (2 pts)	Minimal(1pt)
<i>Supporting Evidence in Practice</i> ____/3	Response shows strong evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows some evidence of ideas and insights from this course and how they are applied to the classroom.
<i>Accuracy</i> ____/3	All supporting facts and statistics are accurately represented.	Almost all supporting facts and statistics are accurately represented.	Some of the supporting facts and statistics are accurately represented.
<i>Grammar and Spelling</i> ____/3	Response includes 0-1 mistakes in grammar or spelling.	Response includes a few grammar and spelling mistakes.	Response includes several grammar and spelling mistakes.

### Application Rubric- 2 assignments @45 points each

Category	Superior (15-13 pts)	Sufficient (12-10 pts)	Minimal(9-7pts)
<i>Supporting Evidence in Practice</i> ____/15	Response shows strong evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows some evidence of ideas and insights from this course and how they are applied to the classroom.
<i>Accuracy</i> ____/15	All supporting facts and statistics are accurately represented.	Almost all supporting facts and statistics are accurately represented.	Some of the supporting facts and statistics are accurately represented.

<b>Grammar and Spelling</b> ____/15	Response includes 0-1 mistakes in grammar or spelling.	Response includes a few grammar and spelling mistakes.	Response includes several grammar and spelling mistakes.
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<b>Project Rubric-100 points</b>			
<b>Category</b>	<b>Superior (20-18 pts)</b>	<b>Sufficient (17-16 pts)</b>	<b>Minimal ( 15-14pts)</b>
<b>Understanding of web tool</b> ____/20	Shows strong understanding of activity, concept, or tool and maximize learning	Shows adequate understanding of activity, concept, or tool and benefit learning.	Shows little understanding of activity, concept, or tool and may not benefit learning.
<b>Practical evidence</b> ____/20	Shows strong evidence of ideas and insights gained from this course and how they are applied to classroom.	Shows evidence of ideas and insights from this course and how they are applied to classroom.	Shows little evidence of ideas and insights from this course or how they are applied to the classroom.
<b>Completion</b> ____/20	Completed in a thoughtful and meaningful manner.	Completed, but with minimal quality.	Not all projects are completed and of those that are, some are minimal quality.
<b>Grammar and Spelling</b> ____/20	Includes no mistakes in grammar or spelling.	Includes few grammar and spelling mistakes.	Includes numerous grammar and spelling mistakes.
<b>Sequencing</b> ____/20	Sequenced, showing if-then thinking and the logical order required to complete skill, solve problem, or use tool.	Not always sequenced, showing incomplete if-then thinking and understanding of logical order required to complete skill.	Confusing making it difficult to replicate activities; little understanding of logic or if-then thinking evidenced.

<b>Evaluation Rubric- 100 points</b>				
<b>Category</b>	<b>Superior (20-17 pts)</b>	<b>Sufficient (16-13 pts)</b>	<b>Minimal(12-9pts)</b>	<b>Below Standard (8 pts)</b>
<b>Supporting Evidence in Practice</b> ____/20	Response shows strong evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows some evidence of ideas and insights from this course and how they are applied to the classroom.	Response shows little evidence of ideas and insights from this course and there is little evidence they are applied to the classroom.
<b>Accuracy</b> ____/20	All supporting facts and statistics are accurately represented.	Almost all supporting facts and statistics are accurately represented.	Some of the supporting facts and statistics are accurately represented.	Many of the supporting facts and statistics are inaccurately represented.
<b>Grammar and Spelling</b> ____/20	Response includes 0-1 mistakes in grammar or spelling.	Response includes a few grammar and spelling mistakes.	Response includes several grammar and spelling mistakes.	Response includes numerous grammar and spelling mistakes.
<b>Logical Sequencing</b> ____/20	Response is written in a clear, concise, and well organized manner. Thoughts are presented	Response is mostly clear, concise, and well organized. Thoughts are	Response is somewhat unclear and/or disorganized. Some thoughts are presented in	Response is mostly unclear and/or disorganized. Many thoughts are presented in

	in a coherent and logical manner.	presented in a coherent and logical manner.	a coherent and logical manner.	an incoherent and illogical manner.
<b>Reflection</b> ____/20	Response demonstrates an in-depth reflection on, and personalization of, the theories, concepts, and /or strategies presented in this course.	Response demonstrates some reflection on, and personalization of, the theories, concepts, and /or strategies presented in this course.	Response demonstrates a minimal reflection on, and personalization of, the theories, concepts, and /or strategies presented in this course.	Response demonstrates no reflection on, and personalization of, the theories, concepts, and /or strategies presented in this course.

## Course Schedule

*\*All assignments must be completed the week assigned. In emergencies, please contact instructor.*

### **Week 1 Introduction to Course and LMS-Canvas Tutorial**

- Syllabi/Assignment Review
- Read Chapter 1(*Social and Emotional Learning*) and 2 (*Social and Emotional Learning Curricula*) in your textbook.
- Answer and Discussion Activity- Answer Week #1 Instructor Posted Online Question by Tuesday.
- Reflect and Respond Activity- Post/Communicate 2 Responses Online To Your Colleagues Answers by Thursday.

### **Week 2**

- Read Chapters 3 (*The Essentials of Using SEL in the Classroom*) and 4 (*Using SEL Learning to Foster Academic Learning*) in your textbook.
- Answer and Discussion Activity- Answer Week #2 Instructor Posted Online Question by Tuesday.
- Reflect and Respond Activity- Post/Communicate 2 Responses Online To Your Colleagues Answers by Thursday.

### **Application #1- (45 points)**

Figure 2.1 showcases some SEL programs that can be implemented into your school. Page 44 -46 explains how to select a packaged SEL program. Answer the following questions

What are the needs of your school? Identify the short and long term goals for you students. Describe and assess the programs that are being used or that have been used in your school. Which program do you think could be implemented into your school? How do you think this plan could improve students SEL? What difficulties or challenges do you think could arise when trying to implement the program? What resources do you think your school would need to implement a SEL program?

2-3 Pages APA style

### **Week 3**

- Read Chapters 5 (*One size does not fit all*) and 6 (*When SEL in the classroom is not enough*) in your textbook.
- Answer and Discussion Activity- Answer Week #3 Instructor Posted Online Question by Tuesday.
- Reflect and Respond Activity- Post/Communicate 2 Responses Online To Your Colleagues Answers by Thursday.

### **Application #2-Due Sunday End of week #3 (45 points)**

Create a persuasive and informative presentation in which you will discuss the importance of social emotional learning at your school. This would be a presentation or speech you would give to your targeted audience (usually administrators or anyone who will need to be convinced that SEL interventions are important). The presentation should briefly highlight research, strategies, and assessment models specifically aimed at promoting social emotional learning at your school.

Note: If you are creating a presentation please use powerpoint and should be at least 8 slides long. If you are creating a speech it should be 2-3 pages APA format.

### **Week 4**

- Read Chapter 7 (*Assessment and Evaluation Strategies in SEL*) in your textbook.
- Answer and Discussion Activity- Answer Week #4 Instructor Posted Online Question by Tuesday.
- Reflect and Respond Activity- Post/Communicate 2 Responses Online To Your Colleagues Answers by Thursday.

### **Action Research- Due Sunday of week #4 (100 points)**

Research **two** articles on a course topic. You will then write an article review and a personal reflection connecting the article to the course content. You may complete your assignment in a 3 to 5 page research paper following APA format. Please include your article when submitting your work.

- Article must be recent, having been published within the last 5 to 7 years
- Cited, you must provide the web address or other identification for the research you conducted. Include the date that it was published/retrieved, as well as the author(s).

### **Week 5**

- Read Chapter 8 (*Using SEL within school systems*) in your textbook
- Answer and Discussion Activity- Answer Week #5 Instructor Posted Online Question by Tuesday.
- Reflect and Respond Activity- Post/Communicate 2 Responses Online To Your Colleagues Answers by Thursday.

**Evaluation Assignment Due by Sunday of week #5 (100 points)**

Look back at your initial thoughts on SEL. How has it changed? Has it stayed the same? What types of lessons or things that you are already using in your classroom that promote SEL? What will you add to your lessons to ensure you are promoting SEL? What other aspects of the textbook will you take away from this course?

Write 3-5 pages in APA format -Utilize the textbook -Cite all sources

**End of Course Survey**

Now that you are finished with this class, please take the time to help us improve our product. In order to make sure that we are providing the best possible service, please take our [survey](#). We appreciate your help and your commitment to the profession.

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**Academic Honesty**

Academic dishonesty is any form of cheating which results in students giving or receiving unauthorized assistance in an academic exercise or receiving credit for work which is not their own. Any academic dishonesty is grounds for dismissal. Any student judged to be engaged in cheating may receive a failing grade for the course, or any other penalty, which the instructor finds appropriate. Academic dishonesty is a behavioral issue, not an issue of academic performance. As such, it is considered an act of misconduct and is also subject to the University disciplinary process as defined in the Student Code of Conduct.

**Acts of Dishonesty Include:**

- Cheating—intentionally using or attempting to use unauthorized materials, information, or study aids in any academic exercise. The term academic exercise includes all forms of work submitted for credit or hours.
- Fabrication—intentional and unauthorized falsification or invention of information or citation in an academic exercise.
- Facilitating Academic Dishonesty—intentionally or knowingly helping or attempting to help another to violate a provision of the institutional code of academic integrity.
- Plagiarism—the deliberate adoption or reproduction of ideas, words, or statements of another person as one’s own without acknowledgement.

Unauthorized Collaboration—intentionally sharing information or working together in an academic exercise when the course instructor does not approve such actions.



## **ADA Statement**

The University abides by the Americans with Disability Act and Section 504 of the Rehabilitation Act of 1973, which stipulates that no student shall be denied the benefits of an education “solely by reason of a handicap.” If you have a documented disability that may affect your work in this class and for which you may require accommodations, please contact the Disability Resource Coordinator as soon as possible to arrange accommodations. In order to receive accommodations, you must be registered with and provide documentation of your disability to the Disability Resource Office.

The Disability Resource office will provide Extended Studies with documentation of the disability and any accommodations that are needed.

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## **InTASC Principles**

The ten INTASC standards are listed below. Specific standards for knowledge, dispositions, and performances accompany each principle, but space does not permit listing them below. For a complete copy of the INTASC standards, contact Jean Miller, Director of INTASC, Suite 700, One Massachusetts Avenue NW, Washington DC 20001-1431.

### **The InTASC Model Core Teaching Standards (April 2011)**

#### **The Learner and Learning**

##### Standard #1: Learner Development

The teacher understands how learners grow and develop, recognizing that patterns of learning and development vary individually within and across the cognitive, linguistic, social, emotional, and physical areas, and designs and implements developmentally appropriate and challenging learning experiences.

##### Standard #2: Learning Differences

The teacher uses understanding of individual differences and diverse cultures and communities to ensure inclusive learning environments that enable each learner to meet high standards.

##### Standard #3: Learning Environments

The teacher works with others to create environments that support individual and collaborative learning, and that encourage positive social interaction, active engagement in learning, and self-motivation.

#### **Content Knowledge**

##### Standard #4: Content Knowledge

The teacher understands the central concepts, tools of inquiry, and structures of the discipline(s) he or she teaches and creates learning experiences that make these aspects of the discipline accessible and meaningful for learners to assure mastery of the content.

Standard #5: Application of Content

The teacher understands how to connect concepts and use differing perspectives to engage learners in critical thinking, creativity, and collaborative problem solving related to authentic local and global issues.

**Instructional Practice**

Standard #6: Assessment

The teacher understands and uses multiple methods of assessment to engage learners in their own growth, to monitor learner progress, and to guide the teacher's and learner's decision making.

Standard #7: Planning for Instruction

The teacher plans instruction that supports every student in meeting rigorous learning goals by drawing upon knowledge of content areas, curriculum, cross-disciplinary skills, and pedagogy, as well as knowledge of learners and the community context.

Standard #8: Instructional Strategies

The teacher understands and uses a variety of instructional strategies to encourage learners to develop deep understanding of content areas and their connections, and to build skills to apply knowledge in meaningful ways.

**Professional Responsibility**

Standard #9: Professional Learning and Ethical Practice

The teacher engages in ongoing professional learning and uses evidence to continually evaluate his/her practice, particularly the effects of his/her choices and actions on others (learners, families, other professionals, and the community), and adapts practice to meet the needs of each learner.

Standard #10: Leadership and Collaboration

The teacher seeks appropriate leadership roles and opportunities to take responsibility for student learning, to collaborate with learners, families, colleagues, other school professionals, and community members to ensure learner growth, and to advance the profession.